

# BETTER THAN WELL

## ENHANCING RECOVERY IN COMMUNITY TREATMENT



**Saturday 27 April 2013 – Apex Hotel, Dundee**  
**9.30am - 4.30pm**

An invitation only event held under Chatham House rule.

*“Healing is a matter of time,  
but it is also sometimes a  
matter of opportunity”*

HIPPOCRATES

## Programme

<b>9.30am</b>	<b>Registration and coffee</b>
<b>10.00am</b>	<b>Welcome – Elaine Wilson, SRC Chair</b>
<b>10.10am</b>	<b>Brain Food, Treatment’s contribution to Recovery in the Community – Kuladharini, SRC Director</b>
<b>10.30am - 11.30am</b>	<b>Lived Experience of the “Better than Well” effect</b> 5 long term recovery journeys that began in a community treatment setting
<b>11.30am - 12noon</b>	<b>Coffee break</b>
<b>12.00noon - 1.00pm</b>	<b>Whole community dialogue session.</b>
<b>1.00pm - 2.00pm</b>	<b>Lunch and market place of Mutual Aid and Recovery Support Group stalls</b>
<b>2.00pm - 3.30pm</b>	<b>Shared Learning Workshops</b> A. Initiating recovery in community based treatment settings B. Establishing recovery in community based treatment settings C. Sustaining long term recovery in the community
<b>3.30pm</b>	<b>Coffee break</b>
<b>4.00pm - 4.10pm</b>	<b>“The challenges we face together” – Kuladharini SRC Director</b>
<b>4.10pm - 4.30pm</b>	<b>The commitments we make to recovery</b>